



Psalm 3 is subtitled, “A Psalm of David, When He Fled From Absalom His Son,” a reference to the history recorded in 2 Samuel 15.

Thousands of years later, the words of Psalm 3 can still powerfully impact our walk with God.

- ❖ _____ (Psa 3:1-2)
 - David casts all his _____ on the LORD.
 - How are you handling that weight?

- ❖ _____ (Psa 3:3)
 - David interrupts what he sees with the One in whom he _____.
 - A _____ about me
 - My _____
 - The _____ of my head
 - In whom are you trusting?

- ❖ _____ (Psa 3:4-5)
 - David recalls the LORD’s _____ to him in the past.
 - What do you remember?

- ❖ _____ (Psa 3:6)
 - In the light of this God-shaped perspective, David makes a pivotal _____.
 - What decisions have you made?

- ❖ _____ (Psa 3:7)
 - David’s requests of God:
 - _____
 - _____
 - Are you making any requests?

- ❖ _____ (Psa 3:8)
 - David’s bold _____.
 - Who will you praise this week?

What sort of week could this be if you adopted the Psalm 3 approach to life?