



"Keep your _____ with all vigilance, for from it _____ the springs of life." (Prov 4:23)

When God talks about your heart, he's talking about the center of **consciousness**, the source of **thinking**, the fount of **feelings**, the seat of **affections**, the root of **decisions**, the headwaters of **your will**—what the Bible describes as your "inner" man or woman.

The Historical and Cultural Background of Proverbs 4:23

- ❖ Human civilization has always been inseparably tied to sources of fresh _____.
 - Kings ruled in close proximity to water
 - Strongholds were fortified to protect the supply of water
- ❖ The spiritual application of these truths is powerful:
 - There is a "_____" beside the well-spring of your heart
 - The course of your life will be determined by the _____ who sits on that throne

The Valley of Your Heart and the Choice Every Human Being Makes

- ❖ On the opposing sides of the valley of your heart are two camps (Psa 81:8-16):
 - _____
 - _____
- ❖ The heart your Creator envisions? It's characterized by the pleas of Psalm 86:11-12.
- ❖ In Psalm 18, David recounts many mighty acts of God in his life. How? Who was sitting on the throne of David's heart? (Psa 18:1-3)
- ❖ God is willing to be your "_____" as well (Psa 91:1-2, 14). Have you yielded the throne?